

The CAC Region and the Relays by Reynold S.O'Neal.A.T.F.S.

The I.A.A.F World Relays recently held in the Bahamas provided an opportunity for athletes from the Central American and Caribbean countries to show their mettle at the highest global level in a variety of relay events. The Jamaican men powered their way to gold in both the 4x100 and 4x200 metre events while the competitors from Trinidad and Tobago took second place honours in the 4x100 metres and set a National record in winning bronze medals in the 4x400 metre event. The hometown Bahamians, Olympic champions in 2012 rode a wave of raucous support in the 4x400, finishing just short of the victorious United States quartet, battling them to the line in the four lap relay.

The Caribbean women also had their moments of glory, although not quite enjoying the success of recent years. Injuries left the Bahamians without some of their star power and the Jamaicans could not match the strength of the Americans in the two shorter relays, in which their stick-passing was below their usual standard. The 4x400 metre foursomes, usually silver or bronze medalists at global events, were second on this occasion. The ladies from Trinidad and Tobago, thought of as likely finalists, outdid themselves in streaking to a third place finish in the one-lapper.

In the "Non-traditional" relays, St. Kitts and Nevis were silver medalists in the 4x200 metres with Barbados finishing fourth. In the same event. The Bahamians women, without World Championship finalist Shaunae Miller, ran well to finish fourth.

Three nations qualified all their teams (4x100 men, 4x100 women, 4x400 men and 4x400 women) for next year's World Championships in Athletics. The three are Jamaica, Great Britain and Brazil. An interesting development was the composition of the men's 4x400 metre final in Nassau, which included five C.A.C finalists- The Bahamas, Trinidad and Tobago, Cuba, Venezuela and Jamaica.

The first relay success for the C.A.C region at global level (at the time confined to the Olympic Games) was achieved in 1952 by the legendary Jamaican quartet of Arthur Wint, Les Laing, Herb McKenley and George Rhoden. The next group of medalists represented not a single country but rather the West Indies Federation, who finished third in 1960. The runners included Barbadian Jimmy Wedderburn and Jamaicans Mal Spence, Keith Gardner and George Kerr. The next Caribbean team to step on an Olympic podium was a strong Trinidad and Tobago quartet in 1964 which included individual medalists Wendell Mottley and Edwin Roberts along with Kent Bernard and Edwin Skinner, crossing the line third, one place ahead of Jamaica.

Strangely, given the Region's strength in the shorter sprints, the first C.A.C team to reach an Olympic final in the 4x100 metres was Venezuela in 1960. The first medals in the event would come from the Cubans who finished second to the Americans in 1968. Their team consisted of Hermes Ramírez, Juan Morales, Pablo Montes and Enrique Figuerola. The Cuban women's sprint relay also placed second, thus garnering the region's first medals in a women's relay. The team included Marlene Elejarde, Fulgencia Romay, Violeta Quesada and Miguelina Cobián. Four years later, the Cuban women would add a Bronze, with Carmén Valdés and Silvia Chivás replacing Quesada and Cobián.

The women's 4x 400 metre relay was included in the Olympic programme for the first time in 1972 at the Munich Games. Jamaica was the first Caribbean nation to mount the podium, finishing second in 2000 in Sydney. Other medals have followed but to date no gold. No other C.A.C country has ever won a medal in this event at a global meet.

With the introduction of the I.A.A.F World Championships in 1983, first on a quadrennial basic, but since 1991 every two years, the opportunities for the region's relay runners to make their mark has greatly increased. As with the Olympic Games only Jamaica and the Bahamians have been crowned champions but there have also been several medals of lesser value for Cuba, Trinidad and Tobago, and St. Kitts and Nevis. Men's finalists also include The Netherland Antilles, with Colombia taking their place among the women. Jamaica has been the dominant force at world level for the last several years in the men's sprint relay while the women contest that distinction with the U.S.A. The Jamaican men no longer dominate the longer relay in the region. That honour now belongs to The Bahamians, with a stiff challenge coming from Trinidad and Tobago. The Jamaican female one-lappers are relatively unchallenged.

The following pages reflect my selections for hypothetical All-Time teams in various relay events. The assumption is that those picked would be at the peak of their game, competing on similar facilities in an environment where all participants would be free to spend the requisite training time to perform at their best. Certain "big name" athletes have been overlooked in favor of others with more established reputations.

There are also listings of medal-winning relay teams at the Olympic Games and the I.A.A.F World Championships in Athletics.

The CAC's Olympic Games Relay Medalists

4x100 Metres- Men

Gold

2008-JAM-Nesta Carter, Michael Frater, Usain Bolt, Asafa Powell.

2012-JAM-Nesta Carter, Michael Frater, Yohan Blake, Usain Bolt.

2016-JAM- Asafa Powell, Yohan Blake, Nickel Ashmeade, Usain Bolt

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Silver

1968-CUB-Hermes Ramirez, Juan Morales, Pablo Montes, Enrique Figuerola.

1984-JAM-Albert Lawrence, Gregory Meghoo, Don Quarrie, Raymond Stewart.

2008-TTO-Keston Bledman, Marc Burns, Emmanuel Callendar, Richard Thompson.

2012-TTO- Keston Bledman, Marc Burns, Emmanuel Callender, Richard Thompson.

Bronze

1992-CUB-Andrés Simon, Joel Lamela, Joel Isasi, Jorge Aguilera.

2000-CUB- José César, Luis Pérez, Iván García, Freddy Mayola.

4x400 Metres-Men

Gold

1952-JAM-Arthur Wint, Leslie Laing, Herb McKenley, George Rhoden.

2012-BAH-Chris Brown, Demetrius Pinder, Michael Mathieu, Ramon Miller.

Silver

1988 -JAM- Howard Davis, Devon Morris, Winthrop Graham, Bert Cameron.

1992- CUB- Lázaro Martínez, Héctor Herrera Norberto Téllez, Roberto Hernandez.

2000-JAM- Michael Blackwood, Greg Haughton, Chris Williams, Danny McFarlane.

2008- BAH- Andretti Bain, Michael Mathieu, Andrae Williams, Chris Brown.

2016-JAM-Peter Matthews, Nathon Allen, Fitzroy Dunkley

Bronze

1960- B.W.I- Mal Spence, Jimmy Wedderburn, Keith Gardner, George Kerr.

1964- Tto- Edwin Skinner, Kent Bernard, Edwin Roberts, Wendell Mottley.

1996- JAM- Michael McDonald, Roxbert Martin, Greg Haughton, Davian Clarke.

2000- BAH – Avarad Moncur, Troy McIntosh, Carl Oliver, Chris Brown.

2012-Tto-Lalonde Gordon,Jarrin Solomon,Ade Alleyne-Forte,Deon Lendore

2016-BAH-Alonzo Russell,Michael Mathieu,Steven Gardiner,Chris Brown

4x100 Metres- Women

Gold

2000- BAH- Savatheda Fynes, Chandra Sturup, Pauline Davis, Debbie Ferguson.

2004-JAM- Tayna Lawrence, Sherone Simpson, Aleen Bailey, Veronica Campbell.

Silver

1964- CUB- Marlene Elejarde, Fulgencia Romay, Violeta Quesada, Miguekina Cobián.

1996- BAH- Eldece Clarke, Chandra Sturup, Savatheda Fynes, Pauline Davis.

2000- JAM- Tayna Lawrence, Veronica Campbell, Beverly McDonald, Merlene Ottey.

2012- JAM- Shelly-Ann Fraser, Sherone Simpson, Veronica Campbell, Kerron Stewart.

2016-JAM- Christania WilliamsElaine Thompson,Veronica Campbell-Brown,Shelly-Ann Fraser-Pryce

Olympic Games

4x100 Metres- Women

Bronze

1972-CUB- Marlene Elejarde, Cramen Valdes, Fulgencia Romay, Silvia Chivás.

1996- JAM- Michelle Freeman, Juliet Campbell, Nicole Mitchell, Merlene Ottey.

4x400 Metres- Women

Silver

2000-JAM – Sandie Richards, Catherine Scott, Deon Hemmings, Lorraine Graham.

2016-JAM-Stephenie Ann McPherson,Anneisha McLaughlin-Whitby,Shericka Jackson,Novlene Williams-Mills-

Bronze

2004- JAM- Novlene Williams, Michelle Burgher, Nadia Davy, Sandie Richards

2008- JAM- Shericka Williams, Shereefa Lloyd, Rosemarie Whyte, Novlene Williams.

2012- JAM- Christine Day, Rosemarie Whyte, Shericka Williams, Novlene Williams.

CAC Medalists in World Championships Relays

4x100 Metres- Men

Gold

2009- JAM- Steve Mullings, Michael Frater, Usain Bolt, Asafa Powell.

2011-JAM- Nesta Carter, Michael Frater, Yohan Blake, Usain Bolt.

2013- JAM- Nesta Carter, Kemar Bailey-Cole, Nickel Ashmeade, Usain Bolt.

2015- JAM- Nesta Carter,Asafa Powell,Nickel Ashmeade,Usain Bolt

Silver

2001-TTO- Marc Bunrs, Ato Boldon, Jacey Harper, Darrel Brown.

2005- TTO- Kevon Pierre, Marc Burns, Jacey Harper, Darrel Brown.

2007- JAM- Marvin Anderson, Usain Bolt, Nesta Carter, Asafa Powell.

2009- TTO- Darrel Brown, Marc Burns, Emmauel Callendar, Richard Thompson.

Bronze

1987-JAM- John Mair, Andrew Smith, Clive Wright, Raymond Stewart.

2012- SKN- Jason Rogers, Kim Collins, Antoine Adams, BJ. Lawrence.

4x400 Metres Men

Gold

2001- BAH- Avard Moncur, Chris Brown, Troy McIntosh, Tim Munnings.

2017- TTO-Jarrin Solomon,Jereem Richards,Machel Cedebio,Lalonde Gordon

Silver

1995-JAM-Michael McDonald, Greg Haughton, Danny McFarlane, Davian Clarke.
1997-JAM- Michael McDonald, Greg Haughton, Danny McFarlane, Davian Clarke.
1999- -JAM- Michael McDonald, Greg Haughton, Danny McFarlane, Davlan Clarke.
2001-JAM- Brandon Simpson, Chris Williams, Greg Haughton, Danny McFarlane.
2003- JAM- Brandon Simpson, Danny McFarlane, Davian Clarke, Michael Blackwood.
2005-BAH- Avard Moncur, Michael Mathieu, Andrae Willaims, Chris Brown.
2007- BAH- - Andre Williams, Michael Mathieu, Nathaniel McKinney, Chris Brown.
2013- JAM- Rusheen McDonald, Edino Steele, Omar Johnson Javon Francis.
2015-TTO- Rennie Quow,Lalonde Gordon,Deon Lendore,Machel Cedenio

Bronze

1987-CUB- Leandro Penalver, Agustín Pavó, Lázaro Martínez, Roberto Hernandez.
1991- JAM- Seymour Fagan, Devon Morris, Patrick O'Connor, Winthop Graham.
2003- BAH- Avard Moncur, Dennis Darling, Nathaniel McKinney, Chris Brown.
2005- JAM- Sanjay Ayre, Brandon Simpson, Lansford Spence, Davian Clarke.
2011- JAM- Allodin Fothergill, Jermaine González, Riker Hylton, Leford Green.

*Medal upgraded following retroactive doping disqualification.

4x100 Metres- Women-Gold

1991-JAM- Dahlia Duhaney, Juliet Cuthbert, Beverly McDonald, Merlene Ottey.
1999- BAH- Savatheda Fynes, Chandra Sturruup, Pauline Davis-Thompson, Debbie Ferguson.
2009-JAM- Simone Facey, Shelly- Ann Fraser, Aleen Bailey, Kerron Stewart.
2013- JAM- Carrie Russell, Kerron Stewart, Schillonie Calvert, Shelly-Ann Fraser Pryce.
2015- JAM- Veronica Campbell-Brown,Natasha Morrison,Elaine Thompson,Shelly-Ann Fraser-Pryce

Silver

1995-JAM- Dahlia Duhaney, Juliet Cuthbert, Beverly McDonald, Merlene Ottey.
1997- JAM-Beverly McDonald, Merlene Fraser, Juliet Cuthbert, Beverly Grant.

2005-JAM- Danielle Browning, Sherone Simpson, Aleen Bailey, Veronica Campbell.

2007- JAM-Sheri-Ann Brooks, Kerron Stewart, Simone Facey, Veronica Campbell.

2009- BAH- Sheniqua Ferguson, Chandra Sturup, Christine Amertil, Debbie Ferguson- McKenzie.

2011-JAM-Shelly-Ann Fraser, Kerron Stewart, Sherone Simpson, Veronica Campbell-Brown.

Bronze

1983-JAM- Lelieth Hodges, Jacqueline Pusey, Juliet Cuthbert, Merlene Ottey.

1993-JAM-Michelle Freeman, Juliet Campbell, Nikole Mitchell, Merlene Ottey.

1999- JAM- Aleen Bailey, Merlene Fraser, Beverly McDonald, Peta-Gaye Dowdie.

2001-JAM-Juliet Campbell, Merlene Frazer, Beverly McDonald, Astia Walker.

2015- TTO- Kelly-Ann Baptiste,Michelle-Lee Ahye,RTeyare Thomas,Semoy Hackett

2017-JAM- Jura Levy,Natasha Morrison,Simone Facey,Sashalee Forbes

4x400 Metres- Women

Gold

2001-JAM- Sandie Richards, Catherine Scott, Debbie-Ann Parris, Lorraine Fenton.

2015-JAM-Christine Day,Shericka Jackson,Stephenie-Ann McPherson,Novlene Williams-Mills

Silver

2005-JAM- Shericka Williams Novlene Williams, Ronetia Smith, Lorraine Fenton.

2007- JAM- Shericka Willaims, Shereefa Lloyd, Davita Pendergast, Novlene Williams.

2009-JAM- Rosemarie Whyte, Novlene Williams, Shereefa Lloyd, Shericka Williams.

2011- JAM- Rosemarie Whyte, Davita Pendergast, Novlene Williams-Mills, Shericka Williams.

Bronze

1997-JAM- Inez Turner, Lorraine Graham*, Deon Hemmings, Sandie Richards.

2003-JAM- Sandie Richards, Allison Beckford, Ronetta Smith, Lorraine Fenton.

+Later Fenton

All-Time CAC Relay Teams (Hypotheticals)

4x100 Metre Men

Jamaica- Asafa Powell, Lennox Miller, Don Quarrie, Usain Bolt.

Trinidad & Tobago-Darrel Brown,Hasely Crawford, Ato Boldon, Richard Thompson.

Cuba-Hermes Ramirez, Pablo Montes, Silvio Leonard, Enrique Figuerola.

St.Kitts&Nevis- Jason Rogers, Kim Collins, Antoine Adams, B.J Lawrence.

Martinique- Max Moriniere, Hermann Panzo, Fabrice Calligny, Ronald Pognon.

Cayman Is.-Kareem Streete Thompson,Tyrell Cuffy,Jamal Walton,Kemar Hyman

Bermuda-,Dennis Trott,Troy Douglas,,Greg Simons,Calvin Dill

Panama-Jennings Blackett, Lloyd LaBeach, Alonso Edward, Guy Abrahams.

Dom.Rep- Gerardo Suero,Carlos Jorge,Yancarlos Maretinez,Juan Nunez

Bahamas- Shavez Hart, Tom Robinson, Dominic Demeritte, Derrick Atkins.

Venezuela- Félix Mata, Horacio Esteves, Rafael Romero, Arquimedes Herrera.

Puerto Rico-Luis Morales, Jesús Cabrera, Edgardo Guilbe, Pablo Franco

Guadeloupe- Pascal Théophile, Hermann Lomba, Joseph Arame, Roger Bambuck.

Barbados- Andrew Hinds, Mario Burke, Ramon Gittens, Obadele Thompson

USVI- Greg Barnes,Adrian Durant,Neville Hodge,Carl Plaskett

Antigua & Barbuda- Cejhae Greene, Daniel Bailey ,Brendan Christian,Miguel Francis.

Guyana- Charles Allen, Adam Harris, James Gilkes, Jeremy Bascom.

Neth.Ant.- Jairo Duzant,Caimin Douglas,Nathanael Esprit,Churandy Martina

Colombia- John Cordoba,Diego ArmandPalomeque,Daniel Grueso,Bernardo Baloyes

4x400 Metres

Jamaica- Herb McKenley, Bert Cameron, George Rhoden, Davian Clarke.

Trinidad & Tobago- Lalonde Gordon, Ian Morris, Machel Cedenio, Wendell Mottley

Bahamas- Avarid Moncur, Steven Gardiner. Mike Sands, Chris Brown.

Cuba- Roberto Hernandez, Yeimer López, Félix Stevens, Alberto Juantorena.

Venezuela- Albert Bravo, Eric Phillips, José Acevedo, Freddy Mezones.

Guadeloupe - Fred Mango, Roger Velazques, Jacques Fellice, Pierre-Marie Hilaire.

Grenada- Rondell Bartholomew, Bralon Taplin, Kirani James, Alleyne Francique.

Martinique- David Alerte, Jacques Farraudiere, Ludvy Vaillant, Jean- Louis Rapnouil.

Dominican Republic- Carlos Santa, Gustavo Cuesta, Félix Sánchez, Luguelin Santos.

Barbados- Jimmy Wedderburn, Seibert Straughn, Jonathan Jones, Elvis Forde.

Puerto Rico- Iván Mangual, Ivan Rodríguez, Javier Culson, Juan Franceschi

Antigua & Barbuda- Alfred Browne, Rai Benjamin, Kenmore Hughes, Fred Sowerby.

Neth. Ant.- Terrence Agard, Churandy Martina, Curtis Kock, Lie-Marvin Bonevacia+

Mexico- Oscar Juanz, Juan Pedro Toledo, Melesio Pina, Alejandro Cardenas.

St. Kitts & Nevis- Middleton Archibald, Lestrod Roland, Warren Hazel, Melville Rogers.

USVI- Kendon Maynard, Dascent, Leslie Murray, Tabarie Henry.

Guyana- Lloyd Bacchus, Stephan James, Winston George, Richard Jones Jr.

Colombia- John Perlaza, Pedro Grajales, Wils, Anthony Zambrano

Dominica- Carmel Waldron, Bruce Phillip, Chris Lloyd, Erison Hurtault.

Panama- Cirilo McSween, Humberto Brown, Clayton Clark, Hector Daley

4x200-Men

Tto- Ed Roberts, Mike Agostini, Jereem Richards, Ato Boldon.

Bar- Ramon Gittens, Levi Cadogan, Mario Burkei, Obadele Thompson.

Guy- Adam Harris, Charles Allen, Winston George, James Gikes

ANT- Rai Benjamin, Daniel Bailey, Miguel Francis, Brendan Christian.

SKN- Antoine Adams, B.J Lawrence, Lestrod Roland, Kim Collins.

GRN- Alleyne Francique, Joel Redhead, Kirani James, Sean Lambert.

Pan- Lloyd LaBeach, Guy Abrahams, Hector Daley, Alonso Edward.

Ven- Arquimedes Herrera, Arturo Ramirez, Rafael Romero, Jose Acevedo.

Gdl- Thierry Lubin, Hermann Lomba, Joseph Arame, Roger Bambuck.

Mrt-Ronald Pognon, Lucien Sainte-Rose, Eddy DeLepine, David Alerte.

ISV- Neville Hodge, Greg Barnes, Calvin Dascent, Carl Plaskett.

Dom- Yancarlos Martinez,Luguelin Santos, Juan Núñez, Gustavo Cuesta.

Pur- Jesús Cabrera, Pablo Franco, Luis Morales, Edgardo Guilbe.

Bah- Dominic Demeritte, Andrew Tynes, Steven Gardiner, Michael Mathieu

Jam- Yohan Blake, Herb McKenley, Don Quarrie, Usain Bolt.

Cub- Roberto Skyers, Leandro Peñalver, Iván Garcia, Silvio Leonard.

Neth.Ant.-Nathaniel Esprit,Caimin Douglas,Raymond Heerenveen,Churandy Martina

Bermuda-Greg Simons,Troy Douglas,Harold Houston,Calvin Dill

Colombia-Diego Palomeque, Jhon Mena,Daniel Grueso,Bernardo Baloyes

4x800-Men

Guy- Rayfield Beaton, Tony Seth, Ian Roberts, Oslen Barr.

Ven- Erick Phillips, Eduar Villanueva, Leslie Mentor, William Wuyke.

Cub- Leandro Civil, Norberto Telllez, Alberto Juantorena, Yeimer Lopez.

Tto- Benedict Cayenne, Mike Solomon, Sherridan Kirk, Horace Tuitt.

Jam- George Kerr, Byron Dyce, Seymour Newman, Arthur Wint.

Pur- Ryan Sanchez, Hector Hernandez,Andres Arroyo, Wesley Vazquez.

Bar- Reuben Bayley, Jonathan Jones, Keith Forde, Orlando Greene

4x110m Hurdles

Jam- Omar McLeodKeith Gardner, Hansle Parchment, Dwight Thomas.

Cub- Anier Garcia, Dayron Robles, Emilio Valle, Alejandro Casañas.

Hai- Wagner Marseille,Dominique De Grammont,Jeffrey Juimis,Dudley Dorival

Tto- Steve Brown, Durell Busby, Mikel Thomas, Wayne Davis II.

Pur- Hector Cotto, Heriberto Cruz, Teofilo Colon, Arnaldo Bristol.

BAR- Shane Brathwaite, Greggmar Swift, Gabriel Burnett, Ryan Brathwaite.

BAH-Paul Bowe,Danny Smith,Dennis Bain,Shamar Sands

Sprint Medley- Men- 400,200,200,800m

Jam- Michael Blackwood, , Chris Williams,Herb Mckenley. Neville Myton.

Cub- Willaim Collazo, Rafael Fortún, Ivan GarcAndy Gonzalez.

Tto- Mike Paul, Hasely Crawford, Charlie Joseph, Lennox Yearwood.

Col- Alejandro Perlaza, Bernardo Baloyes, Anthony Zambrano, Rafith Rodríguez.

Vin- Eswort Coombs, Joel Mascoll, Elliott Quow, Eversley Linley.

St.Lucia - Ivan Jean- Marie, Ronald Promesse, Cornell Lionel, Miguel Lambert.

Dom.Rep.-Julio Meade,Gustavo Cuesta,Juan Nunez,Tayron Reyes

Guy- David Parsley,Edwin Solomon,Dennis Collison,Ralph Gomes

Pur-Felix Martinez,Eulalio Villodas,Pedro Ferrer,Hector Hernandez

Ven-Arturo Ramirez,Lloyd Murad,Manuel Planchart,Simoncito Silvera

BVI- Dean Greenaway, Dion Crabbe, Keita Cline, Greg Rhymer.

Ant-Fred Sowerby,Brendan Christian,Miguel Francis,Dale Jones

Ber- Troy Douglas,Calvin Dill,Greg Simons,Aaron Evans

Mex-Alejandro Cardenas, Jose Carlos Herrera,Juan Pedro Toledo,Mauricio Hernandez

Bar-Clyde Edwards,Hamil Grimes,Levi Cadogan,Orlando Greene

Bah-Troy McIntosh,Andrew Tynes,Derrick Atkins,Livingstone Marshall

Dma-Chris Lloyd,Sherwin James,Mitchell Davis,Erison Hurtault

Gdl- Robert Loubli, Ruddy Zami, Alex Menal, Claude Diomar.

Pan- Sam La Beach,Reginald Bedford,Lloyd La Beach,Frank Prince

Grn- Joel Phillip,Joel Redhead,Sean Lambert,Donald Pierre

Distance Medley Relay(Men-400m,800m,1200m, 1600m

Jam- Greg Haughton , Seymour Newman,Byron Dyce,Steve Green

Ven-Freddy Mezones,William Wuyke,Simoncito Silvera,Eduar Villanueva

Pur -Hector Carrasquillo,Wesley Vazquez,Andres Arroyo,Tony Colon

Cub -Roberto Hernandez,Norberto Tellez,Maurys Surel Castillo,Luis Medina

Guy- _Lloyd Bacchus,Oslen Barr,Rayfield Beaton,Cleveland Forde

Mex- Alejandro Cardenas,Pablo Solares,Luis Castro,Arturo Barrios

Relay Reserves- 4x100m(M), 4X400(M)

Jam- 4x100m- Raymond Stewart, Michael Frater

4x400- Greg Haughton, Arthur Wint.

Tto-4x100m - Marc Burns, Mike Agostini

4x400m-Basil Ince, Mike Paul.

Cub-4x100m- Andres Simon, Rafael Fortun

4x400m-Yoandys Lescay, Norberto Tellez

SKN-4x100- Delwayne Delaney, Lestrod Roland

Dom- **4X100**-Juan Sainfleur,Stanly del Carmen

Dom-4x400-Juander San, Gustavo Cuesta

Pur-4x100m- Juan Franceschi, Arnaldo Bristol

4x400-Elmer Williams, Felix Martínez

Bah-4x100m- Rudy Levarity, Samson Colebroo

4x400m-Demetrius Pinder, Ramon Miller

Mrt- 4x100m- Lucien Sainte-Rose, Dimitri Demoniere.

Gdl- 4x100m- Thierry Lubin, Gilles Echevin.

Ven- 4x100m- Lloyd Murad, Jose Acevedo

4x400m- Hortencio Fusil, Omar Longart

Grn- 4x400- Donald Pierre, Joel Phillip

Bar-4x400-Clyde Edwards, David Peltier

CAC All-Time Relay Teams

4x100m –Women

Jam- Shelly-Ann Fraser, Veronica Campbell, Elaine Thompson, Merlene Ottey.

Tto -Fana Ashby, Michelle- Lee Ahye, Semoy Hackett, Kelly-Ann Baptiste.

SKN- Marecia Pemberton, Meritzer Williams, Tameka Williams, Virgil Hodge.

Cuba- Silvia Chivas, Miguelina Cobian, Luisa Ferrer, Liliana Allen.

Col- Melisa Murillo, Digna Murillo, Evelyn Rivera, Felipa Palacios.

Bah- Savatheda Fynes, Chandra Sturruup, Pauline Davis, Debbie Ferguson.

Gdl- Patricia Girard, Marie-José Perek, Raymonde Naigre, Christine Arron.

Mrt- Emma Sulter, Liliane Gaschet, Chantal Rega, Rose-Aimee Bacoul.

Puerto Rico-Marie-lande Mathieu, Carol Rodriguez, Jasmine Camacho-Quinn, Myra Mayberry.

Dom -Lavonne Idlette, Fani Chalas, Margarita Manzueta, Mariely Sanchez

USVI-Courtney Patterson, Laverne Jones, Ameerah Bello, Allison Peter.

BVI - Ashley Kelly, Tahesia Harrigan, Chantel Malone. Karene **King**

4x 400m

Mex-Alma Vazquez, Gabriela Medina, Mayra Gonzalez, Ana Guevara

Grn- Trish Bartholomew, Kanika Beckles, Jacinta Bartholome, Hazel-Ann Regls.

Col- Norma Gonzalez, Yennifer Padilla, Norfalia Carabali, Ximena Restrepo.

Guy-Kadecia Baird, June Griffith, Aliyah Abrams, Aliann Pompey

Mrt-Elsa Devassoigne, Thelia Sigere, Phara Anacharsis, Lenora Guion-Firmin

Pur- Grace Claxton, Yvonne Harrison, Myra Mayberry, Carol Rodriguez.

Gdl- Francine Landre, Evelyne Elien, Marie-Louise Bevis, Marie-José Pérec.

Bar-Melissa Straker, Tanya Oxley, Sada Williams, Lorna Forde

Cub-Julia Duporty, Zulia Calatayud, Aurelia Penton, Ana Fidelia Quirot

Tto- Angela Joseph, Kai Selvon, Janeil Bellille, Beverly Pierre

USVI- Ameerah Bello, Flora Hyacinth, Allison Peter, Laverne Jones

Bah- Christine Amertil, Pauline Davis, Shaunae Miller, Tonique Williams.

Jam- Marilyn Neufville, Lorraine Graham, Sandie Richards, Shericka Jackso

SKN-Janice Kelly, Diane Dunrod, Nathandra John, Tiandra Ponteen.

4 x 200m-Women

Jam-Grace Jackson, Elaine Thompson, Veronica Campbell, Merlene Ottey.

Tto- Kai Selvon, Michelle-Lee Ahye, Semoy Hackett, Kelly-Ann Baptiste.

Col-Ximena Restrepo, Amparo Caicedo, Patricia Rodriguez, Felipa Palacios.

Bar-Shakera Reece, Sada Williams, Jade Bailey, Tanya Oxley

Mrt- Lenora Guion- Firmin, Liliane Gaschet, Rose-Aimee Bacoul, Chantal Réga.

Gdl-Johanna Danois, Christine Arron, Anita Mormand, Marie-José Pérec.

Cub- Roxana Díaz, Miguelina Cobián, Julia Duporty, Liliana Allen.

Bah-Shaunae Miller, Pauline Davis, Anthonique Strachan, Debbie Ferguson.

Pur- Myra Mayberry, Jasmyn Camacho Quinn, Marie-Lande Mathieu, Carol Rodríguez.

Grn- Allison George, Jacinta Bartholomew, Hazel-Ann Regis, Sherry Fletcher

USVI- Courtney Patterson, Allison Peter, Ameerah Bello, Laverne Jones.

SKN-Tameka Williams, Tiandra Ponteen, Meritzer Williams, Virgil Hodge

4x 800 m-Women

Cub- Zulia Calatayud, Aurelia Penton, Rose Mary Almanza, Ana Fidelia Quirot

Col-Janeth Lucumi,Norfalia Carabali,Muriel Coneo,Rosibel Garcia

Pur- Daisy Ocasio,Alethea Marrero, Angelita Lind,Sandra Moya

Bar- Lorna Forde,Sade Sealy,Sheena Gooding,Sonia Gaskin

Tto- Alena Brooks,Henrietta Nancis,Adina Valdez,Melissa De Leon

Mex- Enriqueta Nava,Gabriela Medina,Charlotte Bradley,Ana Guevara

Jam-Inez Turner,Yvonne Saunders,Natoya Goule,Kena Sinclair

Sprint Medley-400,200,200,800M

Jam-Shericka Williams, Beverly McDonald, Juliet Campbell, Kenya Sinclair

Col-Eucaris Caicedo,Darlenis Obregon,Patricia Rodriguez,Rosibel Garcia

Lca-Vernetta Lesporis,Jinell Vite,Julien Alfred,Augustina Charles

Bah-Mary Ann Higgs,Sheniqua Ferguson,Tynia Gaither,Vernetta Rolle

Tto-Adia McKinnon,M ichelle-Lee Ahye,Reyare Thomas,Melissa De Leon.

Cub- Carmen Trustee, Idalmis Bonne, Fulgencia Romay, Sahily Diago.

Grn- Hazel-Ann Regis,Allison George,Sherry Fletcher,Neisha Bernard-Thomas

Bar- Andrea Blackett, Jade Bailey, Freda Nicholls, Sonia Gaskin.

Pur-Marie-Paris Garci,Celiangely Morales,Grace Claxton,Angelita Lind

Ant- Afia Charles, Heather Samuel, Samantha Edwards, Janil Williams.

IVB- Chantel Malone, Ashley Kel, Tahesia Harrigan, Samantha John.

Guy-Aliann Pompey,Brenessa Thompson,Jennifer Inn,Marian Burnett

4x 100 metre Hurdles

Jam- Brigitte Foster,Michelle Freeman,Danielle Williams,Delloreen Ennis

Bar-Andrea Blackett,Sade-Mariah Greenidge,Akela Jones,Kierre Beckles

Tto-Deborah John,Josanne Lucas,Janeil Bellille,Aleesha Barber

Cub-Anay Tejeda,Yahumara Neyra,Odalys Adams,Aliuska Lopez

Col-Eliece Palacios,Lina Florez,Princesa Oliveros,Brigith Merlano

Mrt- Jessica Alcan,Patricia Buval,Viviane Antibe,,Adrienne Lamalle

Distance Medley Relay(Women)-400m,800m,1200m.1600m

Jam- Novlene WilliaNatoya Goule, Kenia Sinclair,Yvonne Graham

Cub--Julia Duporty,Ana Fidelia Quirot,Yuneysi Santiusti,Adriana Munoz

Pur-Yvonne Harrison,Lizaira del Valle,Angelita Lind,Beverly Ramos

Col- Ximena Restrepo,Flor Robledo,Rosibel Garcia,Muriel Conro

Relay Reserves- 4x100(W), 4X400(W)

Cub- 4x100m- Carmen Valdés,Cristina Hechavarria

4x400m- Idalmis Bonne, Daimí Pernia.

Jam- 4x100m – Kerron Stewart, Sherone Simpson

4x400m- Stephenie-Ann McPherson, Novlene Williams

Bah- 4x100m- Eldece Clarke, Anthonique Strachan

4x400m- Mary Ann Higgs, Shaquania Dorsett

Col- 4x100m- Amparo Caicedo, Mirtha Brock

4x400m- Eucaris Caicedo, Patricia Rodríguez.

Gdl- 4x100m-Sandra Citte, Marie-France Loval

4x400m- Viviane Dorsile, Anita Mormand.

Tto-4x100m-Khalifa St.Fort,Angela Williams

***Runners restricted to three(3)relays.Substitutions for any relay may be made using any athlete selected for any event.**