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# Athletics at the 1986 Central American Games

**Athletics** competitions at the **1986 Central American Games** were held at the Estadio Nacional Mateo Flores in Guatemala City, Guatemala, in January 1986.

A total of 40 events were contested, 24 by men and 16 by women.

## Athletics at the III Central American Games

<b>Host city</b>	Guatemala City, Guatemala 
<b>Date(s)</b>	January
<b>Main stadium</b>	Estadio Nacional Mateo Flores
<b>Level</b>	Senior
<b>Events</b>	40 (24 men, 16 women)
← 1977 San Salvador	1990 Tegucigalpa →
1986 Central American Games	

## Contents

### Medal summary

Men

Women

### Medal table (unofficial)


















### References















## Medal summary

Gold medal winners and their results were published.<sup>[1]</sup> A complete list of medal winners can be found on the MásGoles webpage (click on "JUEGOS CENTROAMERICANOS" in the low right corner).<sup>[2]</sup> Gold medalists were also published in other sources.<sup>[3][4]</sup>

All results are marked as "affected by altitude" (**A**), because Guatemala City is located at 1,592 m above sea level.

## Men

Event	Gold		Silver		Bronze	
<u>100 metres</u>	 <u>Eugenio Melwall</u> (NCA)	10.84 <b>A</b>	 <u>Roberto Guillén</u> (NCA)	 <u>Kevin Garner</u> (CRC)		
<u>200 metres</u>	 <u>Harold Pérez</u> (NCA)	21.84 <b>A</b>	 <u>Emilio Eva</u> (GUA)	 <u>Michael Paerson</u> (CRC)		
<u>400 metres</u>	 <u>Francisco Recinos</u> (GUA)	48.44 <b>A</b>	 <u>René López</u> (ESA)	 <u>Frank Almendárez</u> (NCA)		
<u>800 metres</u>	 <u>Roger Miranda</u> (NCA)	1:54.9 <b>A</b>	 <u>Orlando Ruano</u> (GUA)	 <u>Luis Munguía</u> (NCA)		
<u>1500 metres</u>	 <u>Hugo García</u> (GUA)	3:59.93 <b>A</b>	 <u>Luis Mena</u> (CRC)	 <u>Jorge Delgado</u> (CRC)		
<u>5000 metres</u>	 <u>Jorge Delgado</u> (CRC)	15:10.74 <b>A</b>	 <u>Hugo García</u> (GUA)	 <u>Orlando Mora</u> (CRC)		
<u>10000 metres</u>	 <u>Orlando Mora</u> (CRC)	31:52.4 <b>A</b>	 <u>Eliécer López</u> (CRC)	 <u>Oscar Valero</u> (GUA)		
<u>Marathon</u>	 <u>Mario Álvarez</u> (CRC)	2:41:10 <b>A</b>	 <u>Juan Raudales</u> (HON)	 <u>José Guardián</u> (NCA)		
<u>3000 metres steeplechase</u>	 <u>Hugo García</u> (GUA)	9:13.1 <b>A</b>	 <u>Alberto Paredes</u> (GUA)	 <u>Eliécer López</u> (CRC)		
<u>110 metres hurdles</u>	 <u>Gilberto Paterking</u> (CRC)	15.1 <b>A</b>	 <u>Ángel Díaz</u> (GUA)	 <u>Guillermo Parra</u> (GUA)		
<u>400 metres hurdles</u>	 <u>Francisco Recinos</u> (GUA)	54.89 <b>A</b>	 <u>Arnoldo Monge</u> (CRC)	 <u>José Vega</u> (CRC)		
<u>High Jump</u>	 <u>Fernando Rodríguez</u> (CRC)	1.95 <b>A</b>	 <u>Renso Samuels</u> (CRC)	 <u>Estuardo López</u> (GUA)		
<u>Pole Vault</u>	 <u>Antonio Montepeque</u> (GUA)	4.35 <b>A</b>	 <u>Héctor Salvatierra</u> (GUA)	 <u>Lucas Miranda</u> (ESA)		
<u>Long Jump</u>	 <u>Vance Parks</u> (CRC)	7.32 <b>A</b>	 <u>Johny Sterling</u> (CRC)	 <u>Nelson Navarro</u> (NCA)		
<u>Triple Jump</u>	 <u>Vance Parks</u> (CRC)	15.16 <b>A</b>	 <u>José Allen</u> (GUA)	 <u>Vicente Parks</u> (CRC)		
<u>Shot Put</u>	 <u>Fernando Alonzo</u> (GUA)	14.60 <b>A</b>	 <u>Jaime Comandari</u> (ESA)	 <u>Iván Turcios</u> (NCA)		
<u>Discus Throw</u>	 <u>Fernando Alonzo</u> (GUA)	45.74 <b>A</b>	 <u>Alexis Allen</u> (CRC)	 <u>Iván Turcios</u> (NCA)		
<u>Hammer Throw</u>	 <u>Víctor Taracena</u> (GUA)	49.98 <b>A</b>	 <u>Igor Morales</u> (GUA)	 <u>Carlos Ruiz</u> (NCA)		
<u>Javelin Throw</u>	 <u>Domingo Reyes</u> (NCA)	66.38 <b>A*</b>	 <u>Walter Sosa</u> (GUA)	 <u>Francisco Gavarrete</u> (NCA)		

<u>Decathlon</u>	 <u>Ángel Díaz (GUA)</u>	6272 <b>A</b>	 <u>Johny Lester (CRC)</u>	 <u>Héctor Salvatierra (GUA)</u>
<u>20 Kilometres Road Walk</u>	 <u>Víctor Alonso (GUA)</u>	1:31:48 <b>A</b>	 <u>Santiago Fonseca (HON)</u>	 <u>Sergio Gutiérrez (CRC)</u>
<u>50 Kilometres Road Walk</u>	 <u>Santiago Fonseca (HON)</u>	4:41:07 <b>A</b>	 <u>Tomás Álvarez (GUA)</u>	
<u>4 x 100 metres relay</u>	 <u>Nicaragua</u> <u>Harold Pérez Lisby</u> <u>Roberto Guillén</u> <u>Humberto Newball</u>	41.80 <b>A</b>	 <u>Costa Rica</u>	 <u>Guatemala</u> <u>Emilio Eva</u> <u>Luis Walters</u> <u>Guillermo Parra</u> <u>Fernando Polanco</u>
<u>4 x 400 metres relay</u>	 <u>Nicaragua</u> <u>Lisby Traña</u> <u>Luis Munguía</u> <u>Frank Almendárez</u>	3:20.98 <b>A</b>	 <u>Costa Rica</u>	 <u>Guatemala</u> <u>Emilio Eva</u> <u>Orlando Ruano</u> <u>Fernando Polanco</u> <u>Francisco Recinos</u>

## Women

Event	Gold		Silver		Bronze	
<u>100 metres</u>	<span><span><span></span></span><span> </span></span> Christa Schumann (GUA)	12.16 <b>A</b>	<span><span><span></span></span><span> </span></span> Marisol García (NCA)		<span><span><span></span></span><span> </span></span> Sigrid Gutiérrez (CRC)	
<u>200 metres</u>	<span><span><span></span></span><span> </span></span> Christa Schumann (GUA)	24.59 <b>A</b>	<span><span><span></span></span><span> </span></span> Marisol García (NCA)		<span><span><span></span></span><span> </span></span> Sigrid Gutiérrez (CRC)	
<u>400 metres</u>	<span><span><span></span></span><span> </span></span> Christa Schumann (GUA)	56.23 <b>A</b>	<span><span><span></span></span><span> </span></span> Zoila Stewart (CRC)		<span><span><span></span></span><span> </span></span> Leticia Jiménez (GUA)	
<u>800 metres</u>	<span><span><span></span></span><span> </span></span> Cristina Girón (GUA)	2:14.22 <b>A</b>	<span><span><span></span></span><span> </span></span> Leticia Jiménez (GUA)		<span><span><span></span></span><span> </span></span> Xiomara Larios (NCA)	
<u>1500 metres</u>	<span><span><span></span></span><span> </span></span> Cristina Girón (GUA)	4:48.36 <b>A</b>	<span><span><span></span></span><span> </span></span> Aura Morales (GUA)		<span><span><span></span></span><span> </span></span> Kriscia García (ESA)	
<u>3000 metres</u>	<span><span><span></span></span><span> </span></span> Kriscia García (ESA)	10:30.2 <b>A</b>				
<u>100 metres hurdles</u>	<span><span><span></span></span><span> </span></span> Amapola Arimany (GUA)	16.06 <b>A</b>	<span><span><span></span></span><span> </span></span> Kriscia Murray (CRC)		<span><span><span></span></span><span> </span></span> Dulce Berríos (NCA)	
<u>400 metres hurdles</u>	<span><span><span></span></span><span> </span></span> Leticia Jiménez (GUA)	62.75 <b>A</b>				
<u>High Jump</u>	<span><span><span></span></span><span> </span></span> Severna Crawford (CRC)	1.55 <b>A</b>	<span><span><span></span></span><span> </span></span> Ivonne White (CRC)		<span><span><span></span></span><span> </span></span> Ruth Gallardo (ESA)	
<u>Long Jump</u>	<span><span><span></span></span><span> </span></span> Claudia Álvarez (NCA)	5.36 <b>A</b>	<span><span><span></span></span><span> </span></span> Damaris Patterson (CRC)		<span><span><span></span></span><span> </span></span> Ivonne White (CRC)	
<u>Shot Put</u>	<span><span><span></span></span><span> </span></span> Damaris Ulloa (NCA)	12.48 <b>A</b>	<span><span><span></span></span><span> </span></span> Marta Centeno (GUA)		<span><span><span></span></span><span> </span></span> Patricia Comandari (ESA)	
<u>Discus Throw</u>	<span><span><span></span></span><span> </span></span> Patricia Comandari (ESA)	38.46 <b>A</b>	<span><span><span></span></span><span> </span></span> María Lourdes Ruiz (NCA)		<span><span><span></span></span><span> </span></span> Marta Centeno (GUA)	
<u>Javelin Throw</u>	<span><span><span></span></span><span> </span></span> Ana María Valle (NCA)	42.80 <b>A</b> *	<span><span><span></span></span><span> </span></span> Patricia Chamorro (NCA)		<span><span><span></span></span><span> </span></span> Marleisa Pizarro (CRC)	
<u>Heptathlon</u>	<span><span><span></span></span><span> </span></span> Lucrécia Aragón (GUA)	4165 <b>A</b>	<span><span><span></span></span><span> </span></span> Virginia Boesche (GUA)		<span><span><span></span></span><span> </span></span> Ana María Valle (NCA)	
<u>4 x 100 metres relay</u>	<span><span><span></span></span><span> </span></span> Costa Rica Zoila Stewart Quiroz Sigrid Gutiérrez Kriscia Murray	49.12 <b>A</b>	<span><span><span></span></span><span> </span></span> Nicaragua		<span><span><span></span></span><span> </span></span> El Salvador	
<u>4 x 400 metres relay</u>	<span><span><span></span></span><span> </span></span> Guatemala Heidi Krings Cristina Girón Leticia Jiménez Christa Schumann	3:55.35 <b>A</b>	<span><span><span></span></span><span> </span></span> Costa Rica		<span><span><span></span></span><span> </span></span> Nicaragua	

## Medal table (unofficial)

The host country is highlighted in lavender blue

Rank	Nation	Gold	Silver	Bronze	Total
1	<span><span><span></span></span><span> </span></span> Guatemala	19	14	8	41
2	<span><span><span></span></span><span> </span></span> Costa Rica	9	14	12	35
3	<span><span><span></span></span><span> </span></span> Nicaragua	9	6	12	27
4	<span><span><span></span></span><span> </span></span> El Salvador	2	2	5	9
5	<span><span><span></span></span><span> </span></span> Honduras	1	2	0	3

## References

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