

# NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN ATHLETIC ASSOCIATION

## UNDER 23 CHAMPIONSHIPS - RECORDS

LAST UPDATED: JUL 2016



### MEN

EVENT	MARK	NAME	COUNTRY	DATE	PLACE
100	10.06 (1.7)	Sam Effah	CAN	9-Jul-2010	Miramar, FL, USA
	10.06 (0.9)	Jason Rogers	SKN	6-Jul-2012	Irapuato, MEX
200	19.99 (2.0)	Curtis Mitchell	USA	9-Jul-2010	Miramar, FL, USA
400	44.75	Le Jerald Betters	USA	21-Jul-2008	Toluca, MEX
800	1.45.65	Charles Jock	USA	11-Jul-2010	Miramar, FL, USA
1500	3.44.45	Oliver Collin	CAN	9-Jul-2010	Miramar, FL, USA
5000	14.32.90	Diego Alberto Borrego	MEX	11-Jul-2010	Miramar, FL, USA
10000	30.16.03	John Moore	USA	8-Jul-2006	Santo Domingo, DOM
110mh	13.31 (1.8)	Shane Brathwaite	BAR	7-Jul-2012	Irapuato, MEX
400mh	48.80	Kenneth Ferguson	USA	8-Jul-2006	Santo Domingo, DOM
3000 Steeple	8.52.42	Noe Durado	MEX	30-Jul-2004	Sherbrooke, CAN
High Jump	2.28	Ryan Ingraham	BAH	10-Aug-2014	Kamloops, CAN
Pole Vault	5.56	Jordan Scott	USA	9-Jul-2010	Miramar, FL, USA
Long Jump	8.03 (0.1)	Wilfredo Martinez	CUB	8-Jul-2006	Santo Domingo, DOM
Triple Jump	17.01 (0.5)	Osniel Tosca	CUB	7-Jul-2006	Santo Domingo, DOM
Shot Put	20.64	Garrett Johnson	USA	9-Jul-2006	Santo Domingo, DOM
Discus Throw	63.34	Rodney Brown	USA	8-Aug-2014	Kamloops, CAN
<b>Hammer Throw</b>	<b>74.55</b>	<b>Diego Alan del Real</b>	<b>MEX </b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
Javelin Throw	80.51	Chris Hill	USA	18-Jul-2006	Santo Domingo, DOM
<b>Decathlon</b>	<b>7601</b>	<b>Rostam Turner</b>	<b>CAN </b>	<b>16-17-Jul-2016</b>	<b>San Salvador, ESA</b>
<i>(11.08(-0.4), 7.03(1.1), 13.11, 1.91, 48.97 / 15.85(0.1), 45.40, 4.60, 57.60, 4.43.28)</i>					
4x100	38.39	United States	USA	21-Jul-2008	Toluca, MEX
<i>(Jeremy Hall, Teddy Williams, Chris Dykes, J-Mee Samuels)</i>					
4x400	2.58.83	United States	USA	11-Jul-2010	Miramar, FL, USA
<i>(LeJerald Betters, O'Neal Wilder, Joey Hughes, Tavaris Tate)</i>					
20000 Walk	1h 26.15.32	Evan Dunfee	CAN	8-Jul-2012	Irapuato, MEX

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### WOMEN

EVENT	MARK	NAME	COUNTRY	DATE	PLACE
100	11.19 (1.6)	Aurieyall Scott	USA	6-Jul-2012	Irapuato, MEX
200	22.72 (0.9)	Kimberlyn Duncan	USA	7-Jul-2012	Irapuato, MEX
<b>400</b>	<b>51.02</b>	<b>Chrisann Gordon</b>	<b>JAM</b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
<b>800</b>	<b>2.02.02</b>	<b>Lisneydis Veitia</b>	<b>CUB</b>	<b>17-Jul-2016</b>	<b>San Salvador, ESA</b>
1500	4.15.52	Jenna Westaway	CAN	8-Aug-2014	Kamloops, CAN
5000	16.06.26	Erin Finn	USA	10-Aug-2014	Kamloops, CAN
<b>10000</b>	<b>35.30.87</b>	<b>Chelsea Blaase</b>	<b>USA</b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
<b>100mh</b>	<b>12.78 (-1.5)</b>	<b>Jasmine Camacho-Quinn</b>	<b>PUR</b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
400mh	55.14	Tierra Brown	USA	11-Jul-2010	Miramar, FL, USA
3000 Steeple	9.46.79	Rachel Johnson	USA	9-Aug-2014	Kamloops, CAN
<b>High Jump</b>	<b>1.91</b>	<b>Akela Jones</b>	<b>BAR</b>	<b>15-Jul-2016</b>	<b>San Salvador, ESA</b>
<b>Pole Vault</b>	4.40	Sandi Morris	USA	9-Aug-2014	Kamloops, CAN
	<b>4.40</b>	<b>Megan Clark</b>	<b>USA</b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
<b>Long Jump</b>	<b>6.74 (-1.0)</b>	<b>Quanesha Burks</b>	<b>USA</b>	<b>17-Jul-2016</b>	<b>San Salvador, ESA</b>
	<b>6.74 (-1.6)</b>	<b>Akela Jones</b>	<b>BAR</b>	<b>17-Jul-2016</b>	<b>San Salvador, ESA</b>
Triple Jump	14.28	Yarianna Martinez	CUB	8-Jul-2006	Santo Domingo, DOM
<b>Shot Put</b>	<b>18.49</b>	<b>Raven Saunders</b>	<b>USA</b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
<b>Discus Throw</b>	<b>57.20</b>	<b>Shelbi Vaughn</b>	<b>USA</b>	<b>15-Jul-2016</b>	<b>San Salvador, ESA</b>
Hammer Throw	71.39	Amanda Bingson	USA	6-Jul-2012	Irapuato, MEX
<b>Javelin Throw</b>	<b>57.09</b>	<b>Yulenmis Aguilar</b>	<b>CUB</b>	<b>17-Jul-2016</b>	<b>San Salvador, ESA</b>
Heptathlon	5810	Gretchen Quintana	CUB	7-8-jul-2006	Santo Domingo, DOM
	<i>(13.6(1.2), 1.71, 11.99, 24.27(0.8) / 6.10(-0.6), 33.37, 2.16.58)</i>				
<b>4x100</b>	<b>42.93</b>	<b>United States</b>	<b>USA</b>	<b>16-Jul-2016</b>	<b>San Salvador, ESA</b>
	<i>(Robin Reynolds, Shayla Sanders, Deanna Hill, Ebony Morrison)</i>				
4x400	3.27.46	United States	USA	18-Jul-2008	Toluca, MEX
	<i>(Christine Day, Bobby-Gaye Wilkins, Anastacia Le-Roy, Nickiesha Wilson)</i>				
<b>10000 Walk</b>	<b>49.24.70</b>	<b>Yesenia Miranda</b>	<b>ESA</b>	<b>17-Jul-2016</b>	<b>San Salvador, ESA</b>

Compiled by:

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Updated July 2016

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### HISTORY

I NACAC Under 25 Championships *	Monterrey, MEX	August 3 - 5, 2000
II NACAC Under 25 Championships *	San Antonio, TX, USA	August 9 - 11, 2002
III NACAC Under 23 Championships	Sherbrooke, CAN	July 30 - August 1, 2004
IV NACAC Under 23 Championships	Santo Domingo, DOM	July 7 - 9, 2006
V NACAC Under 23 Championships	Toluca, MEX	July 18 - 20, 2008
VI NACAC Under 23 Championships	Miramar, FL, USA	July 9 - 11, 2010
VII NACAC Under 23 Championships	Irapuato, MEX	July 6 - 8, 2012
VIII NACAC Under 23 Championships	Kamloops, CAN	August 8 - 10, 2014
<b>IX NACAC Under 23 Championships</b>	<b>San Salvador, ESA</b>	<b>July 15 - 17, 2016</b>

\* *Under 25 years*